

Candidate Email	gayatrisud09@gmail.com	Test Name	<b>CORE VALUES</b>
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### CORE VALUES

Values are the core principles which give meaning to our lives.

In the context of our Careers, if our **work activities, environment, interactions and motivations** are aligned with our values, we can derive a **high level of satisfaction**. The higher this mismatch, the greater is the degree of dissatisfaction with our occupations and situations.

Additionally, workplaces can have individuals with a different set of values from our values. Unless we understand this dynamism, it will be difficult to survive and thrive in such work environments.

The Core Values Inventory identifies the list of **48 Core Values** (reported back in **12 Broad Core Values categories**) that are important for you. For your counsellor to understand and better recommend careers that match your values, you should **select the Top 5** that you are unwilling to compromise and **3 that aren't really important** to you. This will make it more manageable for you while you explore career options.

Remember the Core Values are not static (just like your interests and personality traits) so what you value most is likely to change as you learn more about the world around you, the work situations you get into and your experiences.

#### Core Values for GAYATRI SUD

Category	Core Values	Description
Prestige	Affiliation	Be recognized as being associated with a popular organization.
Lifestyle	Authority	Have control over others' work activities and be able to partially affect their destinies.
Independence	Expression	Work in a situation in which I am free to be spontaneous, playful, humorous, and exuberant.
Lifestyle	Income	Work in jobs that can lead to high earnings or profit, enabling me to own essential items and the luxuries of life.
Mental challenge	Personal Growth	Engage in work, which offers me opportunity to grow as a person.
Social	Community	Work at a job in which I can get involved in community affairs.
Achievement	Physical	Do work which makes me use my physical abilities and body-mind coordination extensively.
Security	Predictability	Have a relatively unchanging work routine and job duties.

### BROAD CORE VALUES CATEGORIES

Achievement	Physical	Competition	Exercise Competence	Pressure
Coworkers	Collaboration	Work with Others	Dependability	Relationships
Creativity	Productive	Originality	Artistic	Uniqueness
Independence	Time Freedom	Expression	Work Alone	Individual Effort
Lifestyle	Integration	Authority	Income	Beauty
Mental challenge	Risk Taking	Problem Solving	Personal Growth	Intellectual Status
Prestige	Affiliation	Status	Recognition	Expertise
Security	Job Tranquility	Undemanding	Predictability	Stability
Social	Contact with People	Community	Helpfulness	Decision-Making
Supervision	Adherence	Influence	Group Work	Self-accountability
Variety	Learning	Spontaneous	Interactivity	Change
Work Environment	Helping Others	Physical Work Place	Location	Be Needed